

Recommendations for Pre & Post Care Limelight IPL Laser Treatment

For best results please follow these instructions

Before Your Treatment:

- Avoid Dermal Fillers and Botox at least 1 week prior to treatment and 2 weeks after treatment.
- Do not use the following products 3 days before or 5 days after your treatment [or until pinkness has subsided]: Retin-A, retinoids, or similar vitamin A compounds, harsh scrubs or ex-foliating products and bleaching creams, unless instructed otherwise by your provider.
- Inform your Nurse Practitioner if the following medications have been used (both routine and occasional use):
 - Accutane – do not treat if taken in the last 6 months
 - Gold Therapy – may cause blue-gray discoloration
 - Anticoagulants – may increase risk of purpura or bruising
- Avoid excessive sun exposure 2 weeks before and 2 weeks after treatment. Re-apply your sunscreen of at least a 30 SPF every 2 hours if you will be having incidental sun exposure such as; driving, walking etc.
- Let us know of all medications you are currently taking, especially antibiotics which can make you photo-sensitive.
- You are not a candidate if you are pregnant or breastfeeding.
- Let us know if you have a history of cold sores in the treatment area, metal plates, rods or screws or any history of gold therapy, lupus or connective tissue disease.

Post-Treatment Botox:

- Cool compresses, chilled gel, or hydro-gel pads may be applied as needed
 - Treated lentigines usually darken slowly over the next 24-72 hours, and crusting begins to form within a few days. This crusting usually resolves in 1 to 3 weeks. It should be allowed to naturally flake off for best results
 - Do not directly ice a suspected burn, use a cool compress
 - Avoid artificial tanning, or sun exposure between treatments
 - Wear sunscreen, reapplying multiple times daily
 - Do not use harsh scrubs, acids, benzoyl peroxide, Retin-A or other vitamin A compounds until the skin is completely healed.
 - You may experience some mild swelling, redness and crusting after treatment that can last up to 5 days in rare cases longer.
 - Do not shave the treated area until the skin is completely healed. For male patients, you may experience hair loss if you opt for a treatment where your beard exists.
 - Avoid picking or scratching the treated area to avoid causing any adverse reaction. If any crusting appears apply your post procedure lotion as needed to sooth the skin.
 - Additional Instructions:
-
-





PROUD PARTNER OF THE
Tri-City Healthcare Network